

Kaya-Quintana

Capsule wardrobe summer 2019



DO MORE
WITH LESS.

Kaya-Quintana

Welcome

To the first issue of my magazine! A freebie from me to you, in which you will find extra tips and tricks you won't find on my other platforms. This free magazine will pop up in your inbox once a month. A little pick me up for you while you are living your best life.

I'd like to start off by sharing my capsule wardrobe items for the summer of 2019. Not everything in my closet is still available, since I've had some items for a while. Which is a good thing when you're a minimalist who tries to use clothing items more than once. But it's also very hard when someone asks you where you bought it...

Thankfully I've been able to find many items which are still available. And if they aren't, I've found similar items or even better ones. This magazine is clickable, so if you see an item you like, just click on it! The magazine will take you to the store and the item so you can buy it, if you like it.

Let's get started on that capsule wardrobe, shall we?

Kaya-Quintana

JOIN THE MOVEMENT

Kaya-Quintana



Quick note!

Almost every picture in this magazine is clickable. So if you see anything you like, just click on the picture to shop. Some links in this magazine are affiliate links, which means I earn a small fee whenever you buy an item through one of those links. Don't worry, this does not mean you pay more for your favorite items. The retailer simply shares a bit of their profit with me, because I've shared their products with you.

Why do I use affiliate links you ask? Good question and here's why: Earning some extra money by using these links, helps me buy everything I need to create this magazine. Just like [my blog](#) and [Youtube channel](#), which are free and always available to you. More income means better content, and that's what I'm all about. If you like my content and the effort I put into it, you can support me buy shopping through affiliate links.

Don't worry, there's no pressure! Feel free to shop however you like. I hope you enjoy the magazine regardless.



THE CAPSULE WARDROBE

I published my first [capsule wardrobe video](#) in 2018. I loved making that video and I learned a lot about capsule wardrobes. I want to share what I learned today by giving you my best capsule wardrobe tips for beginners.

Since I still feel like a beginner, it seems only natural to talk about my experience with creating a wardrobe like this. I think I have some good tips to help you out if you want to create your own and first capsule wardrobe, let's go!

[Kaya-Quintana.nl](#) for capsule wardrobe tips!









HOW TO CAPSULE LIKE A PRO

As I'm currently creating my third capsule wardrobe, I thought I'd share what I learned from having a capsule wardrobe. There's a lot of advice and 'rules' for capsule wardrobes out there, but do they really work?

Well, I've been trying out a lot of them and I've come to the conclusion they don't always do. That's why I'm sharing what I've learned, so you can explore have some real user experience, which hopefully benefits your own capsule journey. Ready to rumble? Let's go!

KEEP READING

I honestly thought that having a capsule wardrobe would be hard. Especially when it comes to creating outfits on a daily basis. I thought I'd never have enough clothes to really show my creativity and my own style.









\$53,27



\$ 64,95



€76,95

SHOES I LOVE

A collection of shoes I already own and really love. I always have a lot of black shoes, as they fit any type of outfit. I like having a mix of high heels, preppy shoes and a girly sneaker.

\$99



Loafers for life

Outfit ideas at Kaya-Quintana.nl



KAYA-QUINTANA.NL

Bags I own and love!



\$ 49,94



Plus a few bags I would really want to have.

\$125



BELTS TO BUCKLE

I have learned that a good belt can take your outfit to the next level. Before I discovered that belts are more than just a tool to hold your pants up, my outfits were lacking a bit of spark. So here are some of



\$38



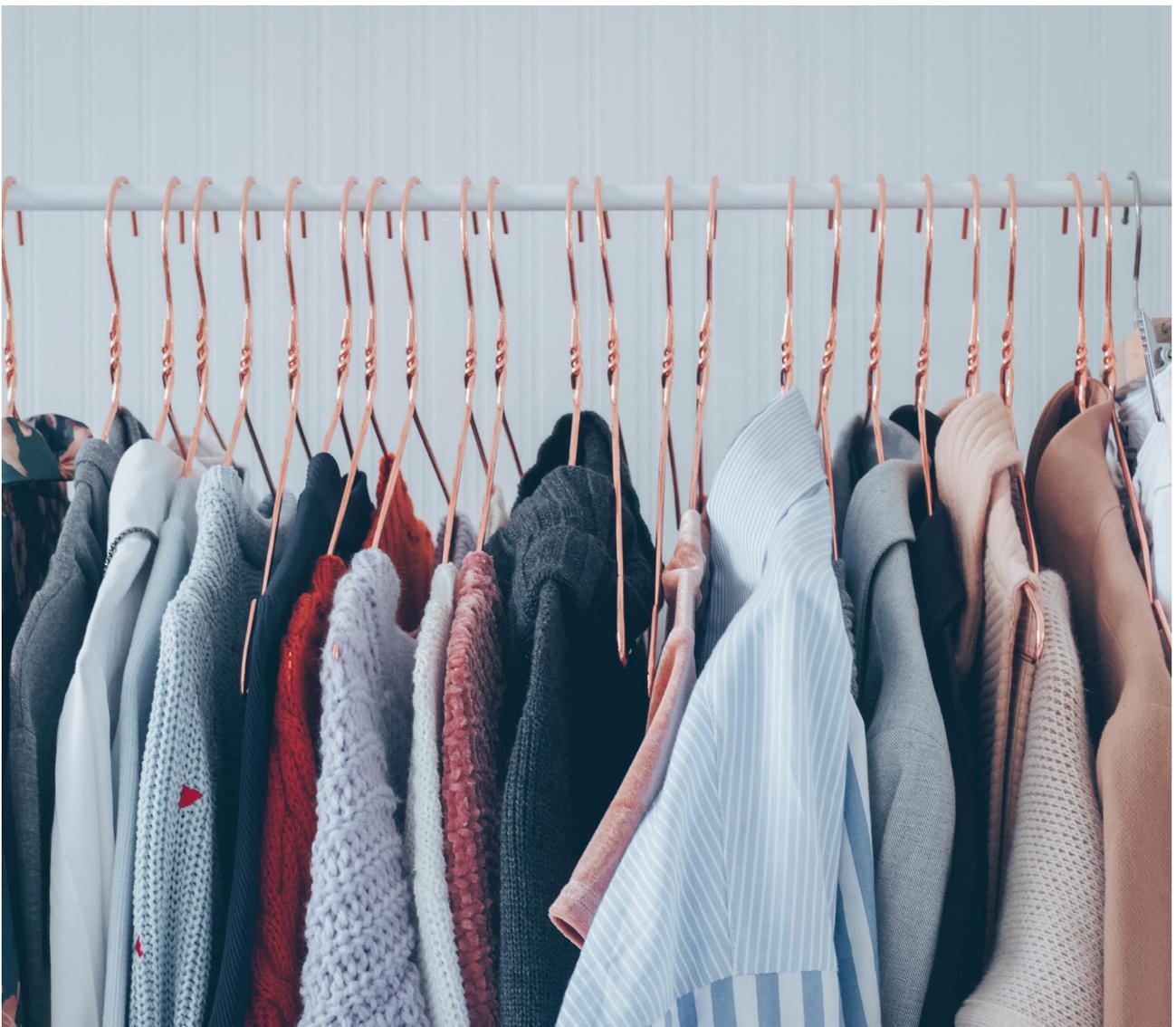
\$195



Dress like you're already famous

Minimalism isn't a law, it's a lifestyle and you decide what it looks like. One of the easy ways to start with minimalism is to create a plan for yourself. Instead of starting minimalism at a random starting point, write down why and what you want to accomplish first. This will give you a structure and goals to work with. Minimalism is all about creating more time and saving money for things that are really important to you. A little planning can help you get those things faster.

You can start by making short to do lists on an everyday basis. Some people create journals or just use their planners like I do. I love planning out my capsule wardrobe on paper and when I notice I'm procrastinating when it comes to cleaning, I just make a list for it. You can create plan for short and long-term goals. By writing down your goals you're making it official. Trust me, it will give you much satisfaction when you can cross out things you've accomplished.





White and Pink combinations



Outfits on the Blog!



SUBSCRIBE

To our newsletter for these free magazines and extra tips you don't get anywhere else. Don't worry, you can opt out whenever you want!

[Subscribe here!](#)

Advertise with us

Share your product with amazing women from 18 to 35 years young in our magazine.

Website : Kaya-Quintana.nl

Email : info@kaya-quintana.nl



KEEP ON
STEPPIN

Kaya-Quintana.nl